

YREKA CITY NEWSLETTER

VOLUME 1, ISSUE 4

JUNE 30, 2008

Inside this issue:

Senior Program	1
Water Efficiency	2

Senior Program Restructured

For many years, the City of Yreka has operated a Senior Program to provide congregate dining, home-delivered meals, and a bus transportation program. Over the years, the City's contribution has tripled while state and federal contributions have decreased.



Fuel and food costs have risen significantly causing the City to restructure the program while continuing to serve as many as possible - especially those seniors with the greatest need of assistance and support.

Beginning on July 1, 2008, the Yreka Senior Program will provide service four days per week, Tuesday through Friday.

The home-delivered meal service will continue to provide seven meals a week (delivered Tues-Fri) to those who are unable to travel to the senior center. For seniors who are able to come to the senior center, a frozen meal will be available to take home on Friday for use in place of the Monday meal.

The Yreka Community Resource Center is working to create a Senior Activities Program that would be available for senior socialization and networking on Mondays.

The senior bus service will continue to operate Tuesday through Friday. The STAGE bus line is considering operating all-day bus service circulating through Yreka on Saturdays using Local Transportation Funds.



While it is discouraging that state and federal governments are shifting the burden of paying for these essential programs to the local governments, there is much we can do as "Yrekans" to help the seniors in our community:

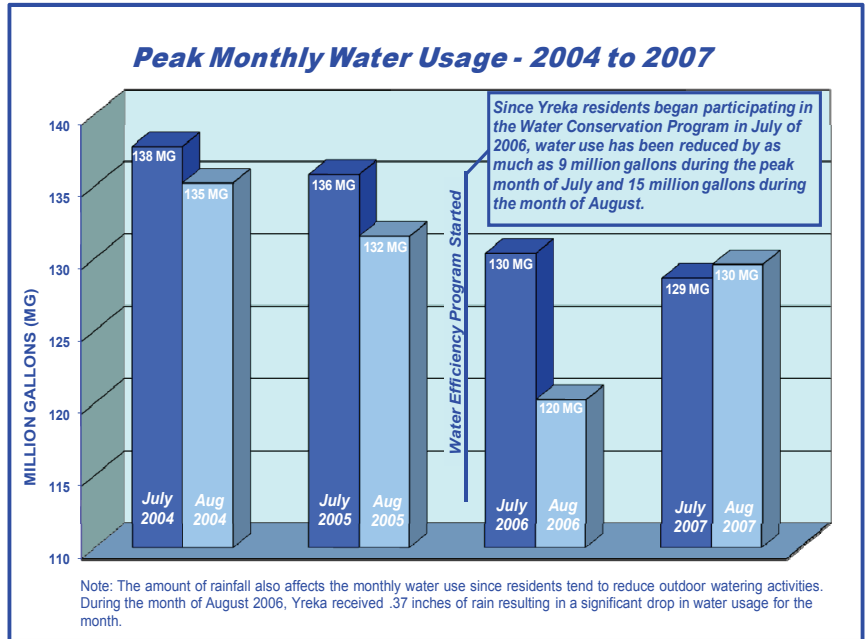


- Get involved by becoming a volunteer.
- Make a donation of food or funds.
- Help create community programs for seniors.
- Help to establish an endowment with planned giving.

Gifts of your time, resources, or talents, however small or large, would go a long way to helping the Senior Programs in Yreka. If you would like to be more actively involved with the Senior Program or become involved for the first time, please contact Allison Wells-Leal, Senior Program Coordinator, at (530) 841-2333.

The Yreka Water Efficiency Program

The City of Yreka is beginning its annual Water Efficiency Program on July 1. The voluntary Program will run for two months through August 31. You can help us keep our water tanks full during these hot summer months when the demand for water is high by following the Voluntary Watering Schedule shown below. This will allow us to have enough water for regular use and for emergencies such as fires and power outages. The Program has worked well for the last two years and with your help, we can make it work this summer too. We sincerely thank all those who are willing to participate.



Voluntary Watering Schedule July 1 to August 31

(For outdoor sprinklers & irrigation systems)

Even-numbered addresses:

Days: Mon, Wed, Fri

Hours: Before 11 am & after 6 pm

Odd-numbered addresses:

Days: Tues, Thurs, Sat

Hours: Before 11 am & after 6 pm

All Addresses:

Days: Sun

Hours: Before 11 am & after 6 pm

Occasional outdoor use such as hand-watering, washing cars, and filling small pools may be done any time on any day.

Tips & Tricks for Efficient Water Use

Indoors:

- ⇒ When washing dishes by hand, avoid letting the water run while rinsing. If you have two sinks, try filling one with wash water & the other with rinse water. For only one sink, try using a spray device or just short burst of water. **Save 200-500 gallons a month.**
- ⇒ Try to run your dishwasher & washing machine only when they are full. **Save 300-800 gallons a month.**
- ⇒ Use the garbage disposal sparingly, try composting instead. **Save 50 to 150 gallons a month.**
- ⇒ Instead of running the tap for cold drinks, keep a pitcher of water in the refrigerator. **Save 200 to 300 gallons a month.**
- ⇒ When it's time to replace a toilet or showerhead consider buying energy-efficient or low-flow. **Save 500 to 800 gallons per month.**
- ⇒ **To save four gallons a minute**, remember to turn off the water while you brush teeth and wash your face.
- ⇒ While you wait for hot water to come down the pipes, catch the cold water in a watering can to use later on house plants or in your garden. **Save 200 to 300 gallons per month.**



Outdoors:

- ⇒ Minimize evaporation by watering in the early morning hours. **Save 300 gallons each time you water.**
- ⇒ Avoid overwatering your lawn by using this trick. If you walk across your lawn & leave footprints, its time to water; if there are no footprints, save the sprinklers for another day. **Save 750-1,500 gallons per month.**
- ⇒ Adjust your lawnmower to a higher setting. Longer grass shades the root systems & holds soil moisture better than closely-cut grass. **Save 500 to 1,500 gallons each month.**
- ⇒ Use a broom instead of a hose to clean your driveway and sidewalks. **Save 600 gallons a month.**

Checking for Leaks:

- ⇒ To check for hidden water leaks, read the water meter before & after a two-hour period when no water is being used. If the meter is not exactly the same, there is a leak.
- ⇒ Try checking your toilet for leaks by putting a little food coloring in the tank. If color appears in the bowl without flushing, there is a leak. Having it repaired **saves 400 gallons a month.**
- ⇒ Leaky faucets should be fixed quickly; it will **save 20 gallons a day!**